

Quaker Oat Porridge To Go Golden Syrup Breakfast Square 55g



EAN

5000108763291

Target market(s)

GB, IE

Components

Ingredients

- Wholegrain Rolled **Oat** Flakes (36%)
- Wholegrain **Oat** Flour (14%)
- Golden Syrup (14%)
- Oligofructose
- Brown Sugar
- Cereal Crisps (Rice Flour, **Oat** Flour (1%), Sugar, Calcium Carbonate, **Barley** Malt Extract)
- Sunflower Oil
- Emulsifiers (Glycerol, **Soya** Lecithin)
- Modified Starch
- Ground **Almond** Flour
- Skimmed **Milk** Powder
- Antioxidant (Tocopherol Rich Extract)
- Raising Agent (Sodium Bicarbonate)
- Salt
- Calcium Carbonate
- Natural Flavouring

Allergen Tag Text

For allergens, see ingredients in bold

Allergy Text

May contain other Nuts, Wheat, Sesame, and Peanuts

Nutrition

	per 100g	per 55g bar
Energy	1659kJ/393kcal	913kJ/216kcal
Fat	7.1g	3.9g
(of which Saturates)	0.9g	0.5g (3%*)
Carbohydrate	73g	40g
(of which Sugars)	20g	11g (12%*)
Fibre	6.3g	3.5g
Protein	5.9g	3.3g
Salt	0.70g	0.40g (7%*)
Calcium	233mg (29%*)	128mg (16%*)

This pack contains 1 serving

* Reference intake of an average adult (8400 kJ/2000 kcal) 27g Wholegrain oats

Calculated Nutrition

	per 100g	per 55g bar
Energy (kJ)	1659	913
Energy (kcal)	393	216
Fat (g)	7.1	3.9
of which saturates (g)	0.9	0.5
Carbohydrate (g)	73	40
of which sugars (g)	20	11
Fibre (g)	6.3	3.5
Protein (g)	5.9	3.3
Salt (g)	0.7	0.4
Calcium (mg)	233	128

Front of Pack Nutrition

Per Portion
55 g



Energy per 100g: 1659 kJ / 393 kcal

Reference intake of an average adult (8400 kJ/2000 kcal) 27g Wholegrain oats

Product Description

Brand

Quaker Oats

Standardised Brand

Brand - Quaker Oats

Regulated Product Name

Golden Syrup Flavour Wholegrain Oat Cereal Bar.

Marketing

Company Name

Quaker Oats

Company Address

Freepost NAT21737,
PO Box 7757,
Leicester,
LE4 8YZ.

Further Description

Try it hot, see www.quaker.co.uk for instructions

Trademark Information

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Health & Lifestyle

Allergy Advice

Almonds - Contains
Barley - Contains
Milk - Contains
Oats - Contains
Peanuts - May Contain
Sesame - May Contain
Soya - Contains
Wheat - May Contain

Storage & Usage

Storage Type

Type

Ambient

Storage

Store in a cool dry place

Brandbank Captured Pack Data

Pack Size

55g e

Numeric Size

Numeric Size - 55

Pack Type

Type - Heat Sealed

Usage Count

Number of uses - Servings

1

Usage Other Text

This pack contains 1 serving

Customer Services

Manufacturers Address

Quaker Oats,
Freepost NAT21737,
PO Box 7757,
Leicester,
LE4 8YZ.

Return To

Quaker Quality Promise
We would like you to enjoy this Quaker Oat Bar in perfect condition. However, if the contents are unsatisfactory, please return the packet which displays the Best Before code to:
Consumer Services Department,
Quaker Oats,
Freepost NAT21737,
PO Box 7757,
Leicester,
LE4 8YZ.
If possible, please state when and where the product was purchased. We shall be pleased to reimburse you for the product.
Your statutory rights are not affected.
0800 0324490
Our office hours are Mon-Fri 9am - 5pm

Telephone Helpline

0800 0324490

Extended Data

Languages On Pack

- English

Description Breakdown

Functional Name - Breakfast Square
Variant - Golden Syrup