

Nutritional Facts

Skinny Protein Strawberry

Serving Size 40g

Nutritional Info:	Per 100g	%NRV	Per 40g	%NRV
Energy (kJ/kcal)	1713/406	*	685/162	*
Protein (g)	77.36	*	30.94	*
Carbohydrate (g)	7.8	*	3	*
Of which sugars (g)	7.8	*	3	*
Fat (g)	8.2	*	3	*
Of which saturates (g)	6.01	*	2.4	*
Fibre (g)	Nil	*	Nil	*
Sodium (g)	0.15	*	0.06	*
Potassium (mg)	387	19.4	155	8
Calcium (mg)	484	60	194	24
Phosphorus (mg)	338	48	135	19
Pantothenic Acid (mg)	15	250	6	100
Chromium (µg)	250	625	100	250
Green Tea Extract (mg)	500	*	200	*
Carnitine (mg)	250	*	100	*

Typical Amino Acid Profile:	(% of Protein) mg
Leucine	11.54
Isoleucine	6.22
Valine	6.28
Total Branched Chain	24.04g
Aspartic Acid	11.73
Glutamic Acid	18.78
Serine	5.83
Glycine	2.05
Histidine	1.99
Arginine	2.95
Threonine	7.95
Alanine	5.26
Proline	6.22
Tyrosine	3.33
Methionine	1.99
Cystine	2.63
Phenylalanine	3.53
Lysine	10.00
Tryptophan	1.54

Ingredients:

Whey Protein Concentrate (**Milk** and **Soya**), Flavouring, Green Tea Standardised Extract, Beetroot Juice Powder, L-Carnitine, L-Tartrate, Sweetener (Sucralose), Calcium Pantothenate, Chromium Picolinate.

* = NO EC NRV Established (NRV = Nutrient Reference Values)

** = Branched Chain Amino Acid.

Diet Suitability:

This product is suitable for individuals with the following dietary requirements: Halal, GMO Free, Nut/Seed Free. This product is suitable for vegetarians.

Allergy Advice:

For allergens, see ingredients in **bold**.

Not recommended for children or pregnant women. Food Supplement not to be used as a substitute of a healthy lifestyle and balanced diet. Do not exceed recommended daily dose. Keep out of reach of children.

Storage:

Keep sealed in a cool dry place out of direct sunlight.

Directions for use:

Add one scoop (40g) to 300-500ml of water, soya or skimmed milk. Have one serving between breakfast and lunch, one serving between lunch and dinner and one serving after exercise/training. This equals three servings (120g) per day.

Nutritional Facts

Body Perfect

Serving Size Two Capsules

Nutritional Information:	Two Caps
L-Tyrosine	330mg
Green Tea Standardised Extract	200mg
Citrus Auranthium	165mg
Naringin	132mg
Caffeine	100mg
Alpha Lipoic Acid	66mg

Ingredients:

L-Tyrosine, Green Tea Extract, Capsule Shell (Gelatin), Wholes Citrus Auranthium Powder, Naringin, Caffeine, Alpha Lipoic Acid, Magnesium Stearate.

* = NO EC NRV Established (NRV = Nutrient Reference Values)

Diet Suitability:

This product is suitable for individuals with the following dietary requirements: Halal, GMO Free, Nut/Seed Free. This product is **NOT** suitable for vegetarians.

Allergy Advice:

For allergens, see ingredients in **bold**.

Contains a source of caffeine. Not recommended for children or pregnant women. Food Supplement not to be used as a substitute of a healthy lifestyle and balanced diet. Do not exceed recommended daily dose. Keep out of reach of children.

Storage:

Keep sealed in a cool dry place out of direct sunlight.

Directions for use:

For optimum results take 4 capsules per day. Take 2 capsule before breakfast and lunch with a glass of water.