

Nutritional Facts

Paleo Protein

Serving Size 30g

Nutritional Information:	Per 100g	Per 30g serving
Calories	376kCal(1574kJ)	113kCal(472kJ)
Fats (g)	0	0
Protein (g)	82.4	24.7
Carbohydrate (g)	4.5	1.35
As sugars (g)	4.5	1.35
Fibre (g)	0	0

Amino Acid Content per 100g

Tryptophan	1266mg
Threonine	3665mg
Isoleucine	5023mg
Leucine	7172mg
Lysine	5076mg
Methionine	3204mg
Cysteine	2044mg
Phenylalanine	5182mg
Tyrosine	3309mg
Valine	6169mg
Arginine	4813mg
Histidine	1872mg
Alanine	5313mg
Aspartic Acid	7291mg
Glutamic Acid	11497mg
Glycine	3085mg
Proline	3098mg
Serine	6079mg

Vitamin Content per 100g

Riboflavin	2.3mg
Niacin	0.7mg
Folic Acid	96mcg
Vitamin B	12 0.5mg
Pantothenic Acid	2.0mg
Choline	8.4mg
Serine	6079mg

Mineral Content per 100g

Sodium	1.24g
Potassium	1.12g
Selenium	125mcg
Magnesium	72mg
Calcium	89mg
Iron	0.2mg
Phosphorous	89.0mmg
Zinc	0.2mg
Copper	0.2mg
Manganese	0.1mg

Ingredients:

Organic Egg Albumen

Diet Suitability:

This product is suitable for individuals with the following dietary requirements: Halal, GMO Free, Nut/Seed Free. This product is suitable for vegetarians.

Allergy Advice:

For allergens, see ingredients in **bold**.

Not recommended for children or pregnant women. Food Supplement not to be used as a substitute of a healthy lifestyle and balanced diet. Do not exceed recommended daily dose. Keep out of reach of children.

Storage:

Keep sealed in a cool dry place out of direct sunlight.

Directions for use:

Add one heaped scoop to 250ml - 300ml of water, milk or your favourite smoothie. Why not mix things up and add it to your baking or cooking.