

***Fellowes***

Ergonomic Solutions



Lotus™  
**Sit-Stand Workstation**

Sit-Stand Workstation

Features:

- Next-generation Sit-Stand adds movement to your day to help you work and feel better – effortlessly
- Patented Smooth Lift Technology™ and ergonomic handles make height adjustment easy and worry-free while accommodating multiple users and work styles
- With over 22 varying height adjustments and flush-to-desktop “down” position, you will experience stability at every setting
- Two work surfaces offer generous, useful space to hold all of your essential desk accessories
- Intuitive cable management and charging device slot provide convenient tablet or smartphone viewing at every height
- It comes fully assembled for quick and easy setup
- Compatible with the Lotus™ Single and Dual Monitor Arms.
- Tested by FIRA International Ltd to comply with the ergonomic requirements set out in European Health and Safety Legislation: EN ISO 9241-5



Specification:

Code	0007901	0009901
Colour	Black	White
Product Dimensions (H x W x D)	13.97 x 83.19 x 61.60 cm	
Product Weight	22.68 kg	
Retail Packaging Dimensions (H x W x D)	71.12 x 23.50 x 89.54 cm	
Retail Packaging Weight	24.72 kg	
Outer Carton Dimensions (H x W x D)	71.60 x 24.13 x 90.81 cm	
Outer Carton Weight	25.40 kg	
Dynamic Height Adjustment Range	43.2 cm	
Height Adjustment Measurement	1 - 44.20 cm	
Weight Capacity (kgs)	15.80 kg	
Features	Device Channel with Charging Access Cable Management Smooth Lift Technology™ No Assembly Compatible with Lotus™ single and dual monitor arms	
Retail Barcode (UPC)	043859716364	043859718900
Outer Carton Barcode (SCS)	50043859716369	50043859718905
Quantity per Outer Carton	1	
Country of Origin	China	
Warranty	5 Year Limited	



**Ergonomic viewing**

Next-generation Sit-Stand adds movement to your day to help you work and feel better – effortlessly



**Patented Smooth Lift Technology™**

Effortlessly move between 22 height adjustments with the patented Smooth Lift Technology™.



**Cable Management**

Intuitive cable management and charging device slots provide convenient tablet or smartphone viewing at every height.

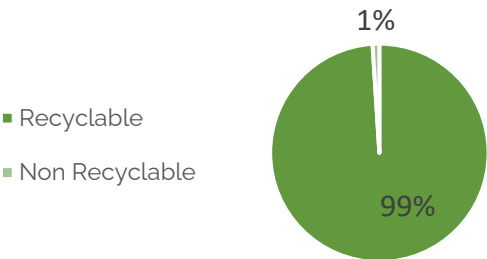


**Lotus™ Arms Compatibility**

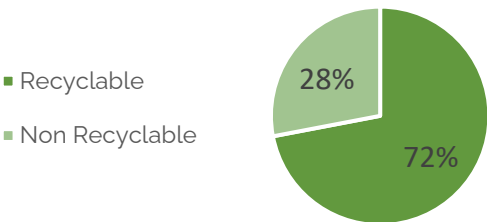
Compatible with Lotus™ single and dual monitor arms.

**Recyclability:**

Product



Packaging



## Ergonomic Working:



### ZONE 4

REDUCE INACTIVITY

#### Introduce movement.

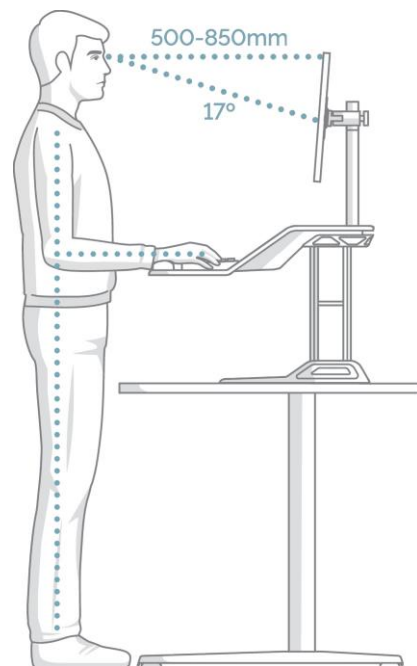
Regular changes to your working position will help you work and feel better.

**Fellowes**

#### How to use a Sit-Stand Workstation

1. **Set your sit-stand height:** Whether sitting or standing, ensure your table is set so your forearms are horizontal, your elbows are roughly at a 90° angle, and your wrists are in a neutral position.
2. **Screen positioning:** Adjust your monitor so the top of your screen(s) are roughly level with your eyes and positioned so you can touch the screen with your fingertips.
3. **Sit, Stand and Move:** Change your position regularly, at least every hour, to increase circulation, reduce fatigue and promote productivity.

**TIP:** Use the built-in memory settings to ensure you always get the correct height.



## Certifications:

EN ISO 9241-5 1999 Ergonomic requirements for office work with visual display terminals (VDT's): part 5: 1999, workstation layout and postural requirements.

ANSI/BIFMA X5.5-2014 DESK/TABLE PRODUCTS

PASSED - FIRA Test Method PP 045: (2003) – Heavy Use

PASSED - BS EN 16139: 2013 – Level 1 – Selected Tests

PASSED - BS 6222-2: 2009 + A1: 2017 – Level G – Selected Tests



## Aftercare:

**Cleaning:** Wipe over with a damp microfibre cloth. Do not use any cleaning solutions.

**Handling & Storage:** Read and follow all instructions and warnings before use. This product is intended for indoor use only.

Dimensional Drawings:

