| Gluten | Soya | Peanuts | Nuts | Sesame | Lupin | Milk | Eggs | Sulphites | Celery | Mustard | Fish | Molluscs | Crustacean |
|--------|-----------------------|---------|---------|--------|-------|------|------|-----------|--------|---------|------|----------|------------|
| Mand | atory a | llergen | s conta | ins: | | | | | | | | | |
| ✓ | ✓ | ✓ | ✓ | z | | ✓ | ✓ | ✓ | ✓ | z | | | |
| Key | | | | | | | | | | | | | |
| ✓ | Listed in ingredients | | | | | | | | | | | | |
| z | May contain traces | | | | | | | | | | | | |

Product Name: Alfonso The Grape 75cl (13% ABV)

Ingredients: N/A

Allergens: Contains SULPHITES.

Storage: Store in a cool, dry place.

Typical Value per 100g

| Energy (kj): | N/A |
|-----------------------------------|-----|
| Energy (kcal): | N/A |
| Fat (g): | N/A |
| Fat of which saturates (g): | N/A |
| Carbohydrate (g): | N/A |
| Carbohydrate of which sugars (g): | N/A |
| Protein (g): | N/A |
| Salt (g): | N/A |

Product Name: Prosecco Spum DOC Accademia 75cl (11% ABV)

Ingredients: N/A

Allergens: Contains SULPHITES.

Storage: Store in a cool, dry place.

Typical Value per 100g

| Energy (kj): | N/A |
|-----------------------------------|-----|
| Energy (kcal): | N/A |
| Fat (g): | N/A |
| Fat of which saturates (g): | N/A |
| Carbohydrate (g): | N/A |
| Carbohydrate of which sugars (g): | N/A |
| Protein (g): | N/A |
| Salt (g): | N/A |

Product Name: Hebridean Baker Heather Honey Shortbread 150g



Ingredients: WHEAT Flour (Calcium Carbonate, Iron, Niacin, Thiamin), Margarine (Palm Oil, Rapeseed Oil, Water, Salt, Emulsifier: E475, Colour: E100; E160b, Flavourings), Butter (**MILK**), Sugar, Rice Flour, Scottish Heather Honey (5.5%), Blossom Honey (5.5%).

Allergens: For allergens, see ingredients in CAPITALS. May contain CELERY, EGGS, MUSTARD, NUTS, SESAME, SOYA.

Storage: Once opened, store in an airtight container in a cool, dry place.

Typical Value per 100g

| Energy (kj): | 2220 |
|-----------------------------------|------|
| Energy (kcal): | 531 |
| Fat (g): | 29.4 |
| Fat of which saturates (g): | 13.4 |
| Carbohydrate (g): | 60.7 |
| Carbohydrate of which sugars (g): | 17.3 |
| Protein (g): | 5.I |
| Salt (g): | 0.7 |

Product Name: Joe & Seph's Chocolate Fudge Cake Popcorn 30g

Ingredients: Corn, Sugar, Butter (MILK), Biscuits (60%), (WHEAT Flour (WHEAT Flour (13%), Calcium, Iron, Niacin, Thiamin)), Cream Cheese Powder (6%) (MILK), Glucose Syrup, Dark Chocolate (4.5%) (Cocoa Mass, Sugar, Cocoa Butter, Emulsifier (SOYA Lecithin), Natural Vanilla Flavouring), Whipping Cream (MILK)(4.6%), Evaporated MILK (Whole MILK Stabiliser (Sodium Phosphates) Vitamin D). Minimum 9% MILK Fat, 22% MILK Solids Not Fat), Cocoa Powder, Vanilla Powder, Salt.

Allergens: For allergens, see ingredients in CAPITALS. Made in an environment where NUTS, PEANUTS and SESAME SEEDS are present.

Storage: Store in a cool, dry place.

Typical Value per 100g

| Energy (kj): | 1912 |
|-----------------------------------|------|
| Energy (kcal): | 457 |
| Fat (g): | 25.1 |
| Fat of which saturates (g): | 15.2 |
| Carbohydrate (g): | 56.3 |
| Carbohydrate of which sugars (g): | 33.8 |
| Protein (g): | 5.I |
| Salt (g): | 1.18 |

Product Name: Buiteman Sun Dried Tomato Biscuits 75g

Ingredients: WHEAT Flour (GLUTEN), Vegetable Oils (Rapeseed, Palm), Double Gloucester Cheese 12% (MILK, Potato Starch, Salt, Starter Culture, Vegetarian Rennet, Colour: E160b(ii)), Sun Dried Tomato 5%, Barn EGG, Yeast, Salt, Dried MILK, Tomato Powder, Sugar, Sunflower Oil, Herbs (Contain CELERY), Spices, Onion Powder, Vinegar, Emulsifier: E471, Yeast Extract, Acidity Regulator: Citric Acid, Antioxidant: Ascorbic Acid, Natural Flavouring.

Allergens: For allergens, see ingredients in CAPITALS. May contain traces of NUTS, SESAME and SOYA.

Storage: Store in a cool, dry place.

Typical Value per 100g

| Energy (kj): | 2268 |
|-----------------------------------|------|
| Energy (kcal): | 544 |
| Fat (g): | 34 |
| Fat of which saturates (g): | 12 |
| Carbohydrate (g): | 46 |
| Carbohydrate of which sugars (g): | 1.2 |
| Protein (g): | 11 |
| Salt (g): | 2.7 |

Product Name: Grandma Wild's 4 Traditional Mince Pies

Ingredients: Mincemeat (52%) (Sugar, Apple Puree (Apple Puree, Preservative: Acetic Acid), Vine Fruits (28%) (Sunflower Oil), Glucose Fructose Syrup, Mixed Peel (4%) (Orange Peel, Glucose Fructose Syrup, Sugar, Lemon Peel, Acidity Regulator: Citric Acid), Vegetable Suet (Palm Oil, Rice Flour, Sunflower Oil), Acidity Regulator: Acetic Acid, Citric Acid, Modified Maize Starch, Mixed Spice, Roast Barley Malt Extract, Colour: Caramel, Salt, Orange Oil, Lemon Oil), **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Vegetable Oil (Palm, Rapeseed, Water, Salt, Natural Flavouring), Sugar, Maize Starch, Invert Sugar Syrup.

Allergens: For allergens, see ingredients in CAPITALS. Not suitable for NUT and SESAME allergy sufferers. May also contain EGG, MILK, MUSTARD, SOYA, PEANUT and other GLUTEN sources (OAT, Spelt, Rye).

Storage: Store in a cool dry place. Once opened store in an airtight container.

Typical Value per 100g

| Energy (kj): | 1591 |
|-----------------------------------|------|
| Energy (kcal): | 379 |
| Fat (g): | 15 |
| Fat of which saturates (g): | 5.7 |
| Carbohydrate (g): | 60 |
| Carbohydrate of which sugars (g): | 35 |
| Protein (g): | 2.3 |
| Salt (g): | 0.21 |

Product Name: Elizabeth Shaw Fruit & Nut Biscuits 140g

Ingredients: Milk Chocolate (35.5%) (Sugar, Cocoa Butter, Whole **MILK** Powder, Cocoa Mass, Vegetable Fats: (Palm, Shea, in Varying Proportions); Whey Powder (**MILK**), Emulsifiers: **SOYA** Lecithin, Polyglycerol Polyricinoleate; Flavouring), **WHEAT** Flour, Sugar, Glucose Syrup, Invert Sugar Syrup, Grain Crisps (6.3%) (Rice Flour, **WHEAT** Flour, Corn Flour, Sugar, **BARLEY** Malt Extract, Salt), Palm Fat, Currants (3.3%), **HAZELNUTS** (3.3%), Whole **MILK** Powder, Butter (**MILK**), Humectant: Sorbitol Syrup; **BARLEY** Malt Extract, Starch, Whey Powder (**MILK**), Salt, Emulsifiers: **SOYA** Lecithin, Mono and Diglycerides of Fatty Acids; Raising Agents: Ammonium Carbonate, Sodium Carbonate, Diphosphates;. Flavouring.

Allergens: For allergens, see ingredients in CAPITALS. May also contain PEANUTS and other NUTS

Storage: Store in a cool, dry place.

Typical Value per 100g

| Energy (kj): | 1990 |
|-----------------------------|------|
| Energy (kcal): | 476 |
| Fat (g): | 22 |
| Fat of which saturates (g): | 11 |
| Carbohydrate (g): | 61 |

| Carbohydrate of which sugars (g): | 51 |
|-----------------------------------|------|
| Protein (g): | 5.7 |
| Salt (g): | 0.51 |

Product Name: Buttermilk Irish Cream Fudge 100g

Ingredients: Sugar, Sweetened Condensed **MILK** (Whole **MILK**, Sugar), Salted Butter (**MILK**, Salt), Golden Syrup, Glucose Syrup, Irish Cream Liqueur (1%) (**MILK**), Natural Irish Cream Flavouring, Salt.

Allergens: For allergens, see ingredients in CAPITALS. Made in a factory that uses PEANUTS, NUTS and SOYA.

Storage: Store in a cool, dry place.

Typical Value per 100g

| Energy (kj): | 1705 |
|-----------------------------------|------|
| Energy (kcal): | 405 |
| Fat (g): | 11.6 |
| Fat of which saturates (g): | 7.3 |
| Carbohydrate (g): | 73.6 |
| Carbohydrate of which sugars (g): | 70.9 |
| Protein (g): | 1.3 |
| Salt (g): | 0.52 |

Product Name: Cambrook Baked Mixed Nuts with Dark Chocolate Cranberries 65g

Ingredients: PEANUTS (31%), CASHEWS (25%), ALMONDS (25%), Dark Chocolate Cranberries (19%): Dark Chocolate (Cocoa Mass, Sugar, Cocoa Powder, Cocoa Butter, Emulsifier: Sunflower Lecithin, Natural Flavouring), Cranberries (Cranberries, Apple Juice Concentrate), Glazing Agent: Gum Arabic. Sunflower Oil, Salt.

Allergens: For allergens, see ingredients in CAPITALS. May contain various other NUTS and SESAME.

Storage: Store in a cool, dry place.

Typical Value per 100g

| Energy (kj): | 2421 |
|-----------------------------------|------|
| Energy (kcal): | 584 |
| Fat (g): | 48 |
| Fat of which saturates (g): | 9.3 |
| Carbohydrate (g): | 18.7 |
| Carbohydrate of which sugars (g): | 12 |
| Protein (g): | 18.8 |
| Salt (g): | 0.2 |

Product Name: Brown Bag Smoked Bacon Crisps 150g

Ingredients: Potatoes, Sunflower Oil, Seasoning (8%) (Lactose (**MILK**), Oak Smoked Sugar, Yeast Extract, Rice Flour, Salt, Sugar, Cooked Dried Bacon (Pork Meat, Curing Ingredients: Salt, Sodium Nitrate E251, Sodium Nitrate E250, Sodium Ascorbate, E301, Antioxidant: Rosemary Extract 0.1%), Flavouring, Paprika Extract, Acidity Regulator: Citric Acid).

Allergens: For allergens, see ingredients in CAPITALS.

Storage: Store in an ambient condition.

Typical Value per 100g

| Energy (kj): | 2082 |
|-----------------------------------|------|
| Energy (kcal): | 498 |
| Fat (g): | 26.7 |
| Fat of which saturates (g): | 2.3 |
| Carbohydrate (g): | 58.7 |
| Carbohydrate of which sugars (g): | 3.9 |
| Protein (g): | 5.6 |
| Salt (g): | 1.7 |

Product Name: Excelcium Pralines 180g

Ingredients: Sugar, **WHEAT** Starch, Whole **SOY** Flour, Glucose Syrup, Cocoa Butter, Palm Fat, Cocoa Mass, Glucose-fructose Syrup, Whole **MILK** Powder, **MILK** Sugar, Dextrose, **PEANUTS** 2%, **HAZELNUTS** 0.6%, Emulsifier: Lecithin, Humectant: Invertase, **SOY** Oil, Caramel Sugar Syrup, Orange Peel 0.2%, Rice Flour, Flavourings: Orange, Vanillin, Apricot, Amaretto, Toffee, Vanilla, **HAZELNUT** and Cream (**MILK**), Salt, Acid: Citric Acid.

Allergens: For allergens, see ingredients in CAPITALS. May contain traces of EGG and other NUTS.

Storage: Store in a cool, dry place.

Typical Value per 100g

| Energy (kj): | 1970 |
|-----------------------------------|------|
| Energy (kcal): | 472 |
| Fat (g): | 21 |
| Fat of which saturates (g): | 11 |
| Carbohydrate (g): | 63 |
| Carbohydrate of which sugars (g): | 47 |
| Protein (g): | 6.2 |
| Salt (g): | 0.08 |

Product Name: The Kindness Bakery Ploughmans Oatcake Bites 175g

Ingredients: OATMEAL (48%) WHEAT Flour (WHEAT Flour, WHEAT Gluten, Calcium Carbonate, Iron, Niacin, Thiamin), Cheddar Cheese (13%) (MILK), Rapeseed Oil, Sweet Pickle (5%) [Vegetables in Variable Proportions (54%) (Carrot, Rutabaga, Onion, Cauliflower, Marrow, Gherkin). Sugar, **BARLEY** Malt Vinegar, Water, Spirit Vinegar, Modified Maize Starch, Date Paste: (Dates, Rice Flour), Apple Pulp (Apple Preservative: Sodium Metabisulphite), Salt, Tomato Paste, Dried Spices, Lemon Juice Concentrate, Onion Powder, Colour (**SULPHITE** Ammonia Carmel), Flavouring], Sugar, Salt, Raising Agents (Monocalcium Phosphate, Potassium Hydrogen Carbonate, Calcium Carbonate).

Allergens: For allergens, see ingredients in CAPITALS. May also contain EGG and SOYA.

Storage: Store in a cool, dry place out of direct sunlight. Once opened, the product should be kept in an airtight container.

Typical Value per 100g

| Energy (kj): | 1782 |
|-----------------------------------|------|
| Energy (kcal): | 428 |
| Fat (g): | 21.4 |
| Fat of which saturates (g): | 4.6 |
| Carbohydrate (g): | 47.2 |
| Carbohydrate of which sugars (g): | 4.7 |
| Protein (g): | 11.5 |

| Salt (g): | 2.1 |
|-----------|-----|

