

ALL INFORMATION INCLUDED BELOW IS CORRECT AS AT THE TIME THAT OUR BROCHURE WENT TO PRESS BUT PLEASE BE AWARE THAT IN THE EVENT THAT A SUBSTITUTION IS MADE, THIS NUTRITIONAL AND ALLERGEN SUMMARY MAY NOT REFLECT THE TRUE CONTENTS OF THE GIFT.

IF YOU HAVE ANY CONCERNS IN RELATION TO ALLERGENS OR ANY OTHER DIETARY REQUIREMENTS, PLEASE CONTACT US PRIOR TO PURCHASE.

Name of Product	Ooh! Chocolata Dairy Free & Vegan Orange Milk Chocolate 100g
Manufacturer's Name and Address	Ooh! Chocolata, Unit 42, Southfield Road Trading Estate, Nailsea, North Somerset, United Kingdom, BS48 1JE
Supplier Name and Address	Ooh! Chocolata, Unit 42, Southfield Road Trading Estate, Nailsea, North Somerset, United Kingdom, BS48 1JE
Ingredients	Sugar, cocoa butter, cocoa mass, rice flour, inulin (fibre), natural orange oil, emulsifier (sunflower lecithin).

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	United Kingdom
Storage Instructions	Store in a cool, dry place away from direct sunlight.
Instructions for use	n/a
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	21777	Energy (kcal)	520	Salt	0.1
Fat	33	of which saturates	20.6		
Carbohydrate	49.2	of which sugars	36.5		
Fibre	0	Protein	2.1		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Joe & Seph's Vegan Coconut & Cacao Gourmet Popcorn 32g
Manufacturer's Name and Address	Joe's Gourmet Foods Limited, 3 Willen Field Rd, London, United Kingdom, United Kingdom, NW10 7BQ
Supplier Name and Address	Joe's Gourmet Foods Limited, 3 Willen Field Rd, London, United Kingdom, United Kingdom, NW10 7BQ
Ingredients	Corn, Sugar, Spring Water, Coconut (13%), Extra Virgin Olive Oil, OATS (3%), Glucose Syrup, Cocoa powder (2%), Sea Salt, Cold Pressed Sunflower Oil, Coconut Extract {Coconut Natural Extract, Inverted Sugar Syrup}

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Tree Nuts Peanuts Sesame
Country of Origin	United Kingdom
Storage Instructions	Ambient storage conditions. Store in a cool, dry, dark place. Once opened consume within 5 days.
Instructions for use	Ready to eat
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1422	Energy (kcal)	340	Salt	0.84
Fat	15	of which saturates	8.1		
Carbohydrate	51.1	of which sugars	32.1		
Fibre	5.4	Protein	4		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Mrs Bridges Red Pepper & Garlic Salsa 100g
Manufacturer's Name and Address	Mackays Ltd, Unit 4 James Chalmers Road, Kirkton Industrial Estate, Arbroath, Angus, United Kingdom, DD11 3LR
Supplier Name and Address	Mackays Ltd, Site 4 James Chalmers Road, Kirkton Industrial Estate, Arbroath, Angus, United Kingdom, DD11 3LR
Ingredients	Red Peppers (52%), Sugar, Onion, Garlic Puree (10%), White Wine Vinegar, Modified Maize Starch, Red Chilli Peppers, Coriander, Salt, Spices. Contains SULPHITES (Also may contain MUSTARD).

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	Yes		

May contain statements	Mustard
Country of Origin	Scotland, UK
Storage Instructions	Once opened store in a cool area and use within 6 weeks.
Instructions for use	Use as required
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	533	Energy (kcal)	127	Salt	2
Fat	4	of which saturates	0.1		
Carbohydrate	21.3	of which sugars	19		
Fibre	0	Protein	1.3		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	nibnibs Sun-dried Tomato Big Minis 100g
Manufacturer's Name and Address	Nibnibs Ltd, SHAWFIELD ROAD, CARLTON, BARNSLEY, UK, S71 3HS
Supplier Name and Address	nibnibs Ltd, SHAWFIELD ROAD, CARLTON, BARNSLEY, UK, S71 3HS
Ingredients	WHEAT flour (contains Calcium, Iron, Niacin, Thiamin), Durum WHEAT Semolina, Extra Virgin Olive Oil, Sun-dried Tomato Granules (6%), Basil, Yeast, Salt, Rosemary Extract.

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	UK
Storage Instructions	Cool, dry place
Instructions for use	Ready to eat
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1770	Energy (kcal)	420	Salt	1.9
Fat	10.3	of which saturates	1.5		
Carbohydrate	69	of which sugars	2.8		
Fibre	4.1	Protein	11		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	The Dormen Dry Roasted Peanuts 50g
Manufacturer's Name and Address	Dormen Foods limited, Unit 10, Dunbeath Court, Elgin Industrial estate, Swindon, Wiltshire, United Kingdom, SN2 8QE
Supplier Name and Address	Dormen Foods Limited, Unit 10, Dunbeath Court, Elgin Industrial estate, Swindon, Wiltshire, United Kingdom, SN2 8QE
Ingredients	PEANUTS (94%), Dry Roast Seasoning (6%) [Fortified WHEAT Flour (WHEAT , Calcium Carbonate, Iron, Niacin, Thiamine), Salt, Maltodextrin, Onion Powder, Yeast Extract (Yeast Extract, Salt, Maltodextrin), Anticaking Agents (Tricalcium Phosphate, Silicium Dioxide), Spices (Cinnamon, Turmeric, CELERY), Yeast Powder (Yeast Powder, Herbs (Thyme, Oregano), Sunflower Oil, Colour (Paprika Extract), Vegetable Extract], Water, Stabiliser (Sorbitol), Thickener (Gum Acacia)].

Containing Allergens

Celery	Yes	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	Yes	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Milk Tree Nuts Sesame Soybeans
Country of Origin	United Kingdom
Storage Instructions	Store in a cool dry place away from sunlight
Instructions for use	None
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2457	Energy (kcal)	593	Salt	0.92
Fat	46	of which saturates	6.2		
Carbohydrate	15	of which sugars	8.4		
Fibre	7.4	Protein	27		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	No		

Name of Product	Oloves Chili & Oregano Natural Green Pitted Olives 30g
Manufacturer's Name and Address	Brand Stand Limited T/A OLOVES, Unit 2-3 Downsbrook Trading Estate, Southdownview Way, Worthing, West Sussex, United Kingdom, BN14 8NQ
Supplier Name and Address	Brand Stand Ltd T/A Oloves, Unit 2-3 Downsbrook Trading Estate, Southdownview Way, Worthing, West Sussex, United Kingdom, BN14 8NQ
Ingredients	Green olives pitted (95%), Sunflower oil, Piri-piri pepper (1%), chili powder (0.45%), oregano (0.3%)

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	Greece
Storage Instructions	Ambient
Instructions for use	Each packet: once opened refrigerate and consume within 3 days
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	558	Energy (kcal)	136	Salt	4.0
Fat	13.1	of which saturates	2.1		
Carbohydrate	1.5	of which sugars	0.4		
Fibre	3.0	Protein	1.3		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	My Sweet Chickpea Dark Chocolate Strawberry Cheesecake Roasted Chickpeas 100g
Manufacturer's Name and Address	My Sweet Chickpea, P.O. Box 1200, Bushey, Herts, UK, WD23 9HD
Supplier Name and Address	My Sweet Chickpea, P.O. Box 1200, Bushey, Herts, UK, WD23 9HD
Ingredients	Dark Chocolate [Sugar, Cocoa Mass, Cocoa Butter, Emulsifier (Sunflower Lecithin)], Roasted Chickpeas, Glazing Agent (Carnauba Wax), Colours (Titanium Dioxide, Beetroot red, Beta-carotene), Flavouring. Dark chocolate contains at least 50% cocoa solids. May Contain: HAZELNUTS (NUTS), PISTACHIOS (NUTS) and ALMONDS (NUTS)

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Tree Nuts
Country of Origin	TURKEY
Storage Instructions	AMBIENT
Instructions for use	N/A
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1848	Energy (kcal)	440	Salt	0.11
Fat	14.6	of which saturates	8.5		
Carbohydrate	66.5	of which sugars	60.7		
Fibre	7	Protein	7.2		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Angelic Chilli & Caramelised Onion Savoury Biscuits 142g
Manufacturer's Name and Address	MacLean’s Highland Bakery, 16 West Road, Forres, Moray, Scotland, IV36 2GW
Supplier Name and Address	Angelic Free From Limited, 7 Boswell Crescent, Inverness, Highland, Scotland, IV2 3ET
Ingredients	<p>GLUTEN Free Flour (OAT, Rice, Potato, Tapioca, Maize, Buck WHEAT), Vegetable Oil (Palm, Rapeseed), Sugar, Partially Inverted Refiners Syrup, Raising Agents (Mono-Calcium Phosphate, Sodium Bicarbonate), Water, Tapioca Starch, Chilli Powder (1%), Onion Granules (1%), Salt, Natural Garlic Flavouring, Stabiliser (Xanthan Gum), Flavouring.</p> <p>Made using Responsibly Sourced Palm Oil.</p>

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	Scotland
Storage Instructions	Store in a cool dry place.
Instructions for use	NA
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1782	Energy (kcal)	425	Salt	1.5
Fat	20.8	of which saturates	9.1		
Carbohydrate	52.5	of which sugars	9.1		
Fibre	2.5	Protein	4.7		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Eat Real Quinoa Chips Sweet Chilli Flavour 80g
Manufacturer's Name and Address	Eat Real, 75 Cavendish Street, Ipswich, Suffolk, IT, IP3 8AX
Supplier Name and Address	Springvale Foods Ltd, 75 Cavendish Street, Ipswich, Suffolk, UK, IP3 8AX
Ingredients	Quinoa Flour (29%), Corn Flour, Rice Flour, Corn Starch, Lentil Flour, Pea Flour, Rapeseed Oil, Sweet Chilli Seasoning (7%) (Sugar, Rice Flour, Salt, Garlic Powder, Spice (cayenne pepper, ginger), Natural Flavouring, Chilli Flakes, Colour (paprika extract)), Sugar, Salt Allergy advice: n/a

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	IT
Storage Instructions	Store in a cool, dry place
Instructions for use	n/a
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1993	Energy (kcal)	476	Salt	1.9
Fat	21	of which saturates	1.7		
Carbohydrate	61	of which sugars	3.8		
Fibre	6.5	Protein	7.9		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		