

**"A FANTASTIC HIGH PROTEIN SNACK THAT MY
WORLD CLASS ATHLETES LOVE TO EAT"**

— Ed Tooley, Elite Sports Nutritionist —

Ingredients:

Beef (220g of beef per 100g of finished product), cider vinegar, salt, spices, (coriander, pepper, chilli, nutmeg), citric acid, preservative (potassium sorbate), antioxidant (ascorbic acid).



**"AN AMAZING SNACK
PACKED WITH PROTEIN
THAT TASTES DELICIOUS"**

Mike Tindall
MBE & 2003 Rugby
World Cup Winner

Gluten & Allergen Free.

Store in a cool, dry place away from direct sunlight. Once opened consume within 24 hours. The oxygen absorber sachet in this pack is not for consumption.

Packaged in a Protective Atmosphere.



Strips of Beef Biltong
Manufactured in the UK
using British and Irish Beef

— Nutritional Information —
Typical Values per 100g

| | |
|-------------------------------|----------------|
| Energy..... | 1104kJ/264kcal |
| Fat..... | 4.2g |
| of which saturates..... | 1.5g |
| of which monounsaturates.... | 0.75g |
| of which polyunsaturates..... | 0.375g |
| Carbohydrate..... | 1.4g |
| of which sugars..... | 0.6g |
| Fibre..... | Trace |
| Protein..... | 46.0g |
| Salt..... | 3.3g |

Best Before:

30g e



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