

Nutritional Facts

Super Max Chocolate

Serving Size 30g

Nutritional Information:	Per 100g	Per 30g serving
Energy kcal/Kj	380/1603	114/480
Carbohydrate (g)	30.60	9.18
Protein (g)	61.35	18.4
Fat (g)	1.35	0.40
Sodium (mg)	717	215

Typical Amino Acid Profile: (% of Protein) mg

Alanine	3.40
Lysine	5.10
Arginine	6.00
Methionine	1.10
Aspartic Acid	9.50
Phenylalanine	4.30
Cysteine	1.70
Proline	4.80
Glutamic Acid	14.10
Serine	3.90
Glycine	3.40
Threonine	3.40
Histidine	1.80
Tryptophan	0.70
Isoleucine	3.50
Tyrosine	3.10
Leucine	6.70
Valine	3.60

Ingredients:

Whey Protein Hydrolysate, **Soya** Protein Isolate, **Milk** Protein, Whey Protein Concentrate, Micellar Casein, Egg Albumen, Whey Protein Isolate, Flavouring, Cocoa Powder, Sweetener (Sucralose).

* = NO EC NRV Established (NRV = Nutrient Reference Values)

** = Branched Chain Amino Acid.

Diet Suitability:

This product is suitable for individuals with the following dietary requirements: Halal, GMO Free, Nut/Seed Free. This product is suitable for vegetarians.

Allergy Advice:

For allergens, see ingredients in **bold**.

Not recommended for children or pregnant women. Food Supplement not to be used as a substitute of a healthy lifestyle and balanced diet. Do not exceed recommended daily dose. Keep out of reach of children.

Storage:

Keep sealed in a cool dry place out of direct sunlight.

Directions for use:

1 scoop per with 300ml water, milk or soya. Have 2-3 servings daily (including 1 serving 1 hour prior to bedtime).